

# Summer Camp Curriculum

## Masjid Bilal Curriculum Philosophy:

It is our mission to help build the Islamic self-esteem and self-worth of every child through our every action. Our goal should simply be to lead children towards a happy, healthy, and responsible Islamic lifestyle.

*At Masjid Bilal, we are more than just a camp!*

The goal of Masjid Bilal Summer Camp is to provide the tools needed to help children. To foster good learning habits and set kids on a positive Islamic path that will serve them well in school and beyond. The curriculum is not focused on specific projects or activities but encompasses the entirety of the camp itself. **Every action** we take should be done with mindfulness intention and is important to the enjoyment, development, and Islamic education of each camper.

The cornerstones listed below are designed to set the foundation for greater learning and provide more opportunities for kids to just be kids.

1. Social-Emotional.
2. Creative – self-expression.
3. Physical Activity – being healthy.
4. Exploration – creative play.
5. Reflection – Islam as a way of life meaning.

## Social-Emotional Development:

Includes the child's experience, expression, and management of emotions and the ability to establish positive rewarding Islamic Friendships with others and make responsible decisions.

**Goals:** Friendships, engagement, and communication.

The core features of emotional development include the ability to establish and maintain Islamic friendships. These development abilities are the core competencies that educate, inspire minds, & help navigate the world more effectively.

## Creative:

**Goals:** self-expression, emotional health, freedom, process, support.

Creativity is the freest form of self-expression. There is nothing more satisfying and fulfilling for children than to be able to express themselves. The ability to be **creative**, to create something from personal feelings and experiences, can reflect and nurture children's emotional health.

# Physical Activity:

**Goals:** movement, fun, age-appropriate, building to specific skills & structure, healthy.

For kids, exercise means playing and being physically active. Kids exercise when they have gym class at school, during recess, during soccer practice, while riding bikes, or when playing tag.

Kids who are active will:

- have stronger muscles and bones
- have a leaner body
- be less likely to become overweight
- decrease the risk of developing type 2 diabetes
- lower blood pressure and blood cholesterol levels
- have a better outlook on life

Besides enjoying the health benefits of regular exercise, kids who are physically fit sleep better. They're also better able to handle physical and emotional challenges.

# Exploration:

**Goals:** unstructured (open-ended play), imagination, trial & error, guiding vs teaching.

Exploration through play is a term used in education and psychology to describe how a child can learn to make sense of the world around them. Through play, children can develop social and cognitive skills, and gain the self-confidence required to engage in new experiences and environments. Exploration and play help develop each child's unique perspective and individual style of creative expression.

# Reflection:

**Goals:** self-awareness, character, thinking about learning, trust, dialogue, diversity.

Reflective learning is a way of allowing students to step back from their learning experience to help them develop critical thinking skills and improve on future performance by analyzing their experience. We want students to get into the habit of linking and constructing meaning from their experiences. Such work requires reflection. The point of reflection is to arrive at the absolute truth of Islam and encourage children to think about how to apply it in their daily life.

Register Now Spaces are Limited.

<https://www.cognitofrms.com/BilalAcademy1/2022BilalSummerCampRegistration>